

# Statutory changes 2020 Relationships Education and Health Education

Parents and Carers

Information



St Nicholas Priory CE VA Primary School

# What is RSHE?

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain.

That is why, from September 2020, all primary age children will be taught Relationships and Health Education.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life.

The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated - these changes bring the content into the 21st century, so that it is relevant for your child.

# What are the curriculum changes?

These subjects will be compulsory in all schools\* from September 2020

Health Education in primary and secondary

Relationships Education in primary

*Relationships and Sex Education (RSE) in secondary*

*\*All schools includes free schools, academies, Independent and faith schools*

# Why is the curriculum changing?

The government's guidance was last updated almost 20 years ago (2000) and it needs to be more relevant for our children living in the 21<sup>st</sup> century

To recognise the crucial role that these subjects make to keeping our children healthy, happy and safe

# Statutory Health Education

## 8 Topics

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

# Statutory Relationships Education

## 5 Topics

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

# What about Sex Education?

The government is **NOT** making sex education statutory in primary schools

*Aspects of the Science National Curriculum that cover the biological aspects of sex education will continue to be statutory*

*Puberty will be included in statutory Health Education*

# What about Sex Education?

A primary school can decide to teach sex education **in addition** to what is taught in statutory science and health education

**Do parents have the right to withdraw children?**

Parents cannot withdraw from statutory

- Science
- Relationships Education
- Health Education

Parents can only withdraw from sex education that is **in addition** to statutory Science or Health Education



# Key Aspects of DfE Guidance

- Schools decide what to teach at what age and how they deliver the content, taking account of parents', staff and governors' views
- Planned programme, high quality teaching which takes account of the needs of vulnerable pupils and the religious background of pupils
- Assess pupils' progress
- Ensure content is accessible to all pupils including SEND

# Key Aspects of DfE Guidance

Comply with the Equality Act; promote equality, respect difference and prevent prejudice and discrimination

*The new subjects are designed to foster **respect for others and for difference**, and educate pupils about healthy relationships and **teach about the society in which they are growing up***

# Key Aspects of DfE Guidance

1

Produce a Relationships Education Policy and consult with parents and carers, staff and governors

2

Ensure that parents and carers know what will be taught and when (particularly sex education before Y6)

3

Suggest offer support to parents and carers to talk to their child about sex education and how to link this with what is being taught in school

# Is this very different compared to now?

Our comprehensive RSHE already covers most of the topics that will become statutory;

- ▶ healthy eating
- ▶ physical activity
- ▶ drugs, alcohol and tobacco education
- ▶ sex and relationships education
- ▶ safety (including bullying and online safety)
- ▶ mental health and wellbeing
- ▶ basic first aid

We have added more about online friendships, manners and courtesy, County Lines\*, gangs\* and knife crime\* to our curriculum.

\* Year 6 only

# Relationships Education Policy

Definition of Relationships Education

Information about why parents do not have the right to withdraw their child

What is taught, how it is taught and who teaches it

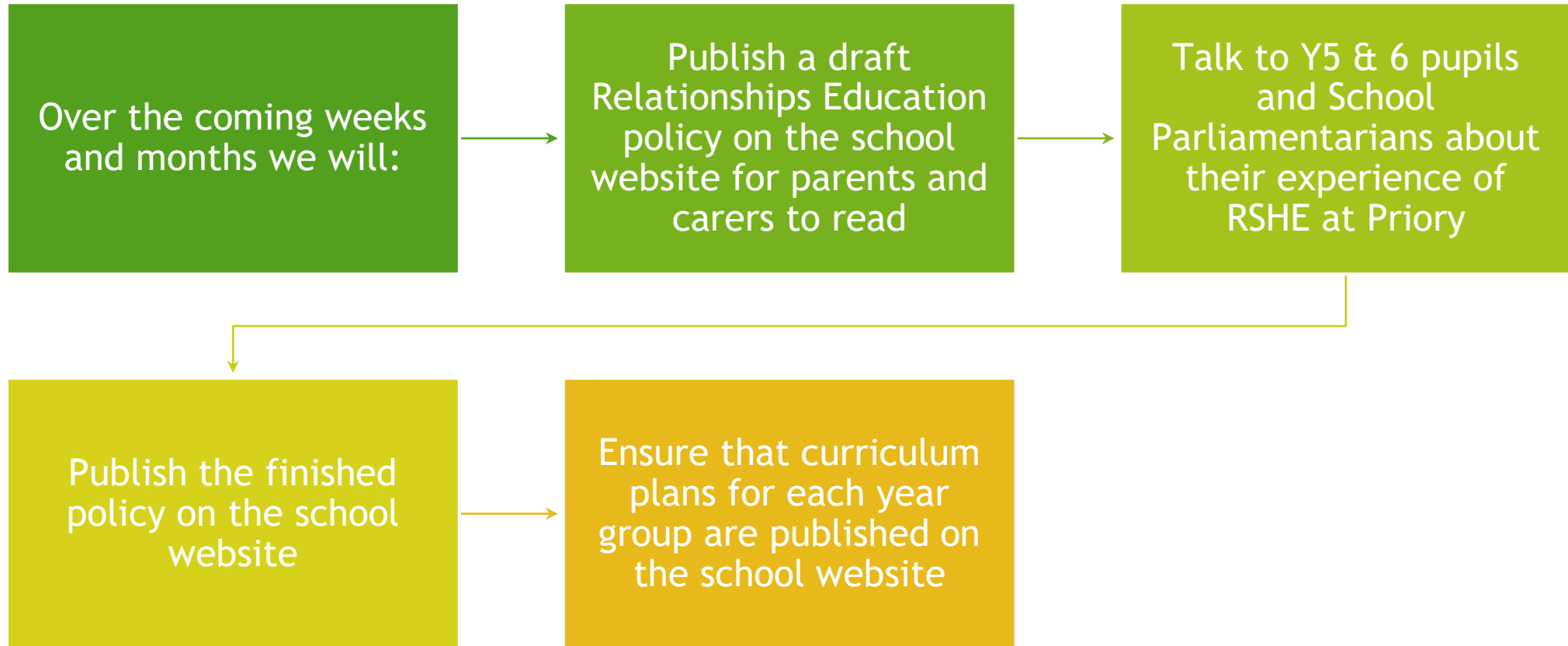
How the subject is monitored and evaluated

Date policy will be reviewed

If schools choose to teach any sex education in addition to Science and Health Education, a policy will include:

- Definition of sex education
- Parents right to withdraw

# Next Steps



## Further Information:

You can find further detail by searching 'relationships and health education' on GOV.UK.